



Away at the Lake

Welcome Package 2021

Dear Guests,

Thank you for choosing Cairn Family of Camps to host your all-inclusive getaway at Away at the Lake this summer. Every day we get more and more excited for Away at the Lake to start – this summer is going to be extraordinary!

This Welcome Package is designed to help you prepare for your stay, and gives you an idea of what to expect this summer. Included in this package is information about the following:

- Schedule, Meals and Programs
- Guest Services
- Health & Safety
- Wildlife at Camp
- In Case of Emergency
- Packing List
- Driving Directions
- Contact Information
- FAQs

Providing care, serving guests, and helping to create the ideal retreat is why we are here. Should you have any questions or requests that aren't covered in this information package, please do be in touch and we would be delighted to talk with you more.

Look forward to welcoming you to a time of outdoor retreat at Away at the Lake!

Robynne "Mapes" Howard
Camp Director

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AWAY AT THE LAKE SCHEDULE, MEALS, AND PROGRAMS

Opening Day

We are looking forward to welcoming you from 7pm to 9pm on Opening Day. When you arrive, Cairn Staff will welcome you at your car, assist you in completing a COVID-19 screening form, and will show you to your accommodation. After you settle in, please check in at the Lodge to confirm your arrival, where the Hospitality Manager will sign you in and be available to answer any questions you may have. There will be a snack available in the Courtyard, and an open campfire with singing and fellowship.

Closing Day

Departure from Away at the Lake is 10:30am. Breakfast will be served that morning as usual, with Early Risers breakfast bar at 7am and the full hot breakfast at 8:30am. Morning Options including a Polar Dip and Morning Paddle will also be available from 7:00-7:30am. The Tuck Shop will be open again on Closing Day to purchase Cairn memorabilia before you leave.

Meals

With the transition into Stage 3 of Ontario's reopening, we are able to resume indoor dining and so will be eating in the main Lodge. Meals will begin at 8:30am, 12:30pm and 5:30pm. Additionally, there will be an Early Risers breakfast bar with cold cereal, yogurt and fruit from 7:00-7:30am, and a grab-and-go snack provided at 7:30pm. Hot food and drink service will take place for the first half hour of the meal, after which you are welcome to continue to enjoy your meal at your table.

Your group will be assigned a table for the duration of your stay, it will be labelled with the name of your accommodation. When you arrive at a meal, please seat yourself at your designated table. You will be greeted by a Cairn Staff Host who will serve you throughout the meal. Your host will bring your food and take your drink orders. If you require any alternative dietary options please inform your host and it will be brought to you. If you desire more food, please just signal your host or tell them when they check in on you throughout the meal. All food and drinks will be brought directly to your table.

Once you have finished your meal, your host will bring a bin to your table. We ask that you please stack all dishes and cutlery in the bin. You are welcome to leave your table whenever you are ready.

Programs

Away at the Lake provides you the opportunity to customize your stay, spending your time as you'd like. The waterfront will be open in the morning and afternoon, staffed with Cairn lifeguards - please do not use the waterfront without lifeguards present. There are a variety of games and activities that you are welcome to use at your leisure. Should you wish to have a Cairn staff member facilitate one of our staff-run programs, please indicate your requests on the Program Request Form that will be sent directly to you prior to your stay.



For children aged 5-12, you may request for a Cairn staff member to provide childcare for your kid(s) so that you can enjoy some adult-only time during your stay. This option is also available for those age 4 and under, but we ask that you connect with us directly so we can ensure open communication about COVID comfortability and other needs that your wee ones might have.

Staff-run programs are available for guests of all ages. Whether you'd like to attend a session as a whole group, part of your group, just for the kids, or just for the adults with separate childcare for the kids, all options are possible. Please indicate your preferences on the Program Request Form, or touch base with the program team upon your arrival.

Activity Options

STAFF-RUN

- Swimming
- Guided Canoeing
- Guided Kayaking
- Guided Nature Walk
- High Ropes
- Rock Wall
- Archery
- Guitar
- Ukulele
- Arts & Crafts
- Childcare

SELF-RUN

- Canoeing
- Kayaking
- Swimming
- Stand-Up Paddle Boards
- Lawn Games: Bocce Ball, Kubb, Giant Connect 4, Giant Jenga
- Trampoline
- Gagaball
- Slacklining
- Disc Golf
- Hiking Trails
- Reading, puzzles, games or activities you bring

In addition to the activities listed here, each day there will be an Adult Only (13+) Specialty Program option that will change from day to day. Please use the Program Request Form to indicate if you would like to participate in these programs. Childcare can be scheduled during this time.

There are optional open programs each morning that you are welcome to participate in to start your day. From 7:30-8:00am lifeguards will open the waterfront for a Morning Paddle or Polar Dip. At 8:15am, there will be Morning Has Broken, a 10-minute morning devotion in the Courtyard.

In the evening, there will be an open campfire from 7:30-8:15pm, involving singing and fellowship time. Alternatively, if you would like to have your own campfire at one of our designated campfire pits, our staff would love to prepare and light it for you. Firewood is provided, staff campfire song leadership is available upon request, and the kitchen has marshmallows, graham crackers and chocolate ready for s'mores - just ask!



Daily Schedule

7:00-7:30	Early Riser's Breakfast Bar
7:30-8:00	Morning Paddle & Polar Dip
8:15-8:25	Morning Has Broken morning devotion in the Courtyard
8:30-9:30	Breakfast (service from 8:30-9:00)
9:30-12:15	Morning Programs Waterfront is open
12:30-1:30	Lunch (service from 12:30-1:00)
1:30-5:15	Afternoon Programs Waterfront is open Tuck Shop is open from 3-4pm
5:30-6:30	Dinner (service from 5:30-6:00)
7:15-7:45	Tuck Shop is open from 7:15-7:45 Evening Snack is available at 7:30
7:30-8:15	Open Campfire

Tuck Shop

Cairn's Tuck Shop will be open periodically throughout your stay. Cairn t-shirts and other clothing, waterbottles, stickers and more will be available for purchase at these times, as will food and drink tuck items including candy, chocolate, chips, frozen treats and pop. Please note that we will only be accepting payment by debit, credit card, or cash, and will not be keeping a tab, but rather will ask for payment with each visit to the Tuck Shop.

Fishing

Echo Lake is a great place to fish. If you would like to fish at Away at the Lake, please bring your own rod, tackle and other equipment. You are welcome to fish from a canoe, or along the shoreline past the main beach. Please do not fish from the docks, or close to the swimming and boating area.



GUEST SERVICES

Group Host

Every guest group will have a Host who will be checking in with you throughout your time at Away at the Lake. Your Host, or any Cairn staff, will be happy to assist you with any requests or questions you may have throughout your stay. One of our managers will be on call 24 hours a day, so please know that you will be able to contact them using the walkie talkie available in the Breezeway beside the entrance to the main Lodge should you need any assistance.

Guest Amenities

Should you happen to forget essential supplies such as toothbrush, toothpaste, towels etc., please know that we have basic guest amenities available. Just ask a Cairn staff member, and they would be happy to assist you.

Water

All water that comes from a tap on site is drinkable. Please bring a reusable water bottle to fill up as needed.

Photographers

Carin photographers will be taking pictures throughout your stay to help capture your Away at the Lake moments. If you see them walking around and want a special group or family picture, let them know!

A note to alumni! If you have any photos from your days at camp that you would like to recreate, bring those photos along with you and our photographers would love to help create before-and-after photos with you! Plus, we'd love your help in developing our camp photo history. If you have some old camp photos sitting around the house on a memory stick, memory card, CD, or even in a photo album, we'd love for you to bring them along with you, so our Marketing and Communications team can digitize them and store them in our photo database to add to our Cairn history. Thanks for your help!

Wifi

Please note that there will not be wifi available for guests at Away at the Lake. Guests are encouraged to use this retreat as an opportunity to unplug from technology and connect with nature. If you need to connect to wifi, we would direct you to the Baysville Library or Miss Nelle's, a cafe in Baysville, which are a 5-minute drive away.



HEALTH & SAFETY

Nothing is more important than the health and safety of our guests and staff: feeling safe and comfortable in your surroundings is essential for a meaningful camp experience. In order to protect the health and safety of all guests and staff we have implemented enhanced cleaning and sanitization procedures as well as COVID-19 specific safety measures. These measures are based on the direction we have received from the Simcoe Muskoka District Health Unit as well as Ontario Public Health and government guidance for the hospitality and food service sectors. Cairn COVID-19 safety measures will continue to evolve as we receive updated guidance from the Ontario government, Ontario Public Health, and the Simcoe Muskoka District Health Unit.

Pre-Arrival Screening

Before leaving for camp we recommend all individuals/groups complete the [COVID-19 Symptom Self-Assessment](#). Upon arrival at camp a Cairn staff member will greet your vehicle and assist you in completing a Guest COVID-19 Screening Form for each member of your group. We request that you do not exit your vehicle before your screening form has been completed. If any member of your group does not pass the screening you will be required to leave site immediately. A parent/guardian may complete the screening form on behalf of minors/dependants.

Daily Screening

At breakfast each morning each individual will be required to complete the Guest COVID-19 Screening Form. Your meal host will provide you with the form and collect all completed screenings. We ask that all individuals are diligent in monitoring themselves and any minors/dependants in their care and forthcoming about any developing COVID-19 symptoms. Should someone in your group fail their daily screening and/or develop COVID-19 symptoms during your stay, a non-symptomatic individual should immediately inform camp management through their meal host or via the guest services walkie-talkie located in the Breezeway. The symptomatic individual(s) will be required to leave site and follow public health directives. In this case the group/individual(s) will be provided with a prorated refund.

Masks

Masks are required at all indoor locations with the following exceptions:

- In your group's accommodation
- While showering

Masks are required to be worn outdoors in the following circumstances:

- While attending programs (with the exception of swimming and boating).
- Whenever a consistent distance of 2 meters cannot be maintained between members of your group/household and members of the Cairn staff or other groups/households.
- While travelling through the main areas of camp.
- When singing or participating in a campfire with individuals outside of your group/household.



Physical Distancing

All guests are asked to practice physical distancing when interacting with individuals outside of their group/household, including staff. This means keeping a minimum distance of 2 meters between members of different groups/households.

Washrooms & Showers

All washroom facilities on site are gender-neutral. Portapotties can be found throughout the site, and flush toilets and shower facilities are located at the main Lodge. Each washroom will have capacity limitations which will be posted at the entranceway. Masks must be worn in washrooms except when brushing teeth and showering. Showers will have scheduled group/household sign-ups. We ask that groups staying in the Lookout or Hilltop Hideaway restrict themselves to use of their private washroom and shower facilities and/or portapotties.

Fully Vaccinated Individuals

Currently Ontario, and the Simcoe Muskoka District Health Unit, have yet to release guidance for business for fully vaccinated individuals. Until they do so we ask that fully vaccinated individuals follow all of the same health and safety protocols as all other guests.

WILDLIFE AT CAMP

Cairn is the home of a variety of wildlife. Most wildlife will avoid the main camp area because there is too much human activity. However, if there is easily accessible food and/or garbage, mice, raccoons, squirrels, chipmunks, and bears can become a nuisance. To prevent wildlife from interrupting your stay we ask that all food (including pet food) is stored in your vehicle or in your accommodation in a closed well-sealed container, such as a cooler, and that any food waste/garbage is thrown out in the Courtyard or Lower Playing Field garbage cans and not your cabin garbage. We also ask that you refrain from feeding wildlife.

Mosquitoes

While mosquitoes are a part of life in Muskoka, there are a number of things you and your group can do to minimize bites. Mosquitoes are at their peak at dawn and dusk and make their homes in areas that are heavily forested and swampy/marshy. We suggest the following tips to minimize bites:

- Wear light-colour clothing or bug jackets, especially when hiking or in forested areas.
- Put on long pants and long sleeves at dusk.
- Use mosquito repellent (please avoid spraying it in or on your accommodation).
- Avoid using fragrances such as perfume, cologne, etc.



Black Bears

Black bears are normally shy of humans and are quick to get out of our way. If you spot a bear at camp you should:

- Slowly back away while keeping the bear in sight and wait for it to leave.
- If the bear does not leave, wave your arms, yell, and make lots of noise.
- If you are near a building go inside as a precaution until the bear leaves.
- Once it is safe to do so please notify a Cairn staff member.

You can find more information about black bears [here](#).

Ticks

Ticks are known to live in wooded areas and areas with tall grasses, bushes, and shrubs. Tick bites can spread Lyme disease and other illnesses. While Simcoe Muskoka is not a high risk area for this type of tick we strongly encourage all guest to take the following precautions to protect themselves from ticks:

- Wear closed toe shoes, socks, and long pants when hiking. Tuck your pants into your socks for additional protection.
- Use a tick repellent that has DEET on your clothes.
- Search your body, clothes, and any pets for ticks at least once per day, paying special attention to areas such as scalp, behind ears, armpits, belly button, groin, and knees.

You can find more information about ticks [here](#).



IN CASE OF EMERGENCY

In the case of an emergency guests will be notified by either the blowing of an airhorn, the continuous ringing of the bell, or by a staff member. If an emergency is signaled please follow the directions given below, and abide by any instruction provided to you by Cairn staff members. If you or a member of your group experiences an emergency (injury, missing person, etc.) during your time at camp please inform a Cairn staff member and they will assist you immediately.

Fire - 1 long air horn blast - Please bring your whole group to the beach as quickly as possible and await further instruction.

Severe Weather - Continuous ringing of the bell - Please bring your whole group to the Lower Playing Field as quickly as possible and await further instruction.

Missing Person - 3 long air horn blasts - Programs will pause as staff engage in search of the camp property. We ask that you limit your group's movements to the Lower Playing Field/Lodge or to the area of your accommodation throughout the search.

There will not be a nurse onsite during Away at the Lake, however if you or a member of your group needs medical attention there are hospitals located in Bracebridge (25 minute drive) and Huntsville (30 minute drive).



PACKING LIST

Recommended Items

- Clothing
- Bathing suit and towel
- Rain gear (coat, boots, etc.)
- Masks
- Sun protection (sunscreen, hat, etc.)
- Bug protection (insect repellent, bug jacket, etc.)
- Reusable water bottle
- Flashlight
- Bedding (sleeping bag and/or sheets and blankets)
- Towels
- Shoes - some activities such as climbing wall, high ropes and archery require closed toed shoes
- Toiletries (hair care supplies, toothbrush, toothpaste, medication, etc.)

Optional Items

- Books, puzzles, cards, games
- Camera
- Highchair/booster seat(s) for young ones
- Folding chairs/beach chairs
- Beach umbrella
- Bug jacket
- Water shoes



FAQs

Can we invite guests to join us during our stay?

Due to COVID-19 restrictions, we won't be able to host guests during Away at the Lake. You are welcome to go off site to visit with friends but it can't be done at camp.

Can my group interact with other groups?

We ask that all groups follow public health measures as determined by the Ontario Government and other health authorities. As of Friday July 16, Ontario will be in Stage 3 according to the reopening guidelines, for which more detail can be found at <https://www.ontario.ca/page/reopening-ontario>. Everyone has a different comfortability, and we ask you to please communicate your COVID comfort when interacting with other guests so all guests can feel safe to make their own choices.

We want to come and be near another family? Can you arrange this?

Yes, please let us know the names of other families and we'll try to put you next door. We ask that BOTH groups please contact us to let us know so we can guarantee this is a mutual request.

May we change our activity requests during our stay?

We are always happy to work with you to make your stay what you would like it to be - whether adding a program, requesting childcare, signing up for an adult-only specialty program, or cancelling or rescheduling a program. The best way we can guarantee you receive the programming you want is to complete the Program Request Form prior to your arrival. Otherwise, the sooner you can let us know what modifications you would like to make, the greater the chance that we can make it happen for you.

What if the weather is rainy or stormy?

We will continue to offer outdoor activities in most types of weather, including rain, heat, wind and cold. If thunder is heard, all water programs, climbing wall and high ropes will be suspended until 20 minutes passes without hearing thunder. Since our indoor buildings aren't as available this year, this may mean that you have time in your cabin or you choose to go offsite to something that is open. This advice is provided by the government. If we are in a heat wave, we will work to ensure more water activities are available, maximize use of shade shelters, and reschedule land activities as needed. If an activity is cancelled due to weather, we will work to reschedule it for another time during your stay. If the weather conditions aren't ideal for your group, please do let us know and we are always happy to work with you to reschedule or offer an alternative program instead.

What is Cairn's nut policy?

Cairn is committed to running a nut-aware program this summer. With the prevalence of nut allergies, we will not be serving any nut products from the Cairn kitchen, and request that guests leave snacks and food products that contain nuts at home. While we are making this a priority, we cannot guarantee a nut-free site.



DRIVING DIRECTIONS

From the GTA:

Take Hwy 400 North past Barrie. At the north end of Barrie, transfer to Hwy 11 North. Continue on Hwy 11 North past Bracebridge and Exit on Hwy 117 East. Take Hwy 117 East through Baysville, 5km east of Baysville, turn right into the driveway at 3200 Hwy 117.

From Eastern Ontario (Ottawa):

Take Hwy 17 East to Renfrew where you will transfer to Hwy 60 West. Continue on Hwy 60 to the town of Dwight, where you will turn left on Hwy 35 South. Take Hwy 35 South to Dorset, where you will turn right on Hwy 117 (west). Continue for 20km, then turn left into the driveway at 3200 Hwy 117.

From Peterborough:

Take Hwy 115 West of Peterborough to Lindsay, then turn onto Hwy 35 North. Continue on Hwy 35 for 160 km, then turn right on Hwy 117 at Dorset. Continue for 20km, then turn left into the driveway at 3200 Hwy 117.

CONTACT INFORMATION

Please do not hesitate to contact the Cairn office with any questions, concerns or requests that you have about your stay.

Email: admin@ilovecamp.org

Phone: 705-767-3300

Address: 3200 Muskoka Road 117, Baysville ON, P0B 1A0